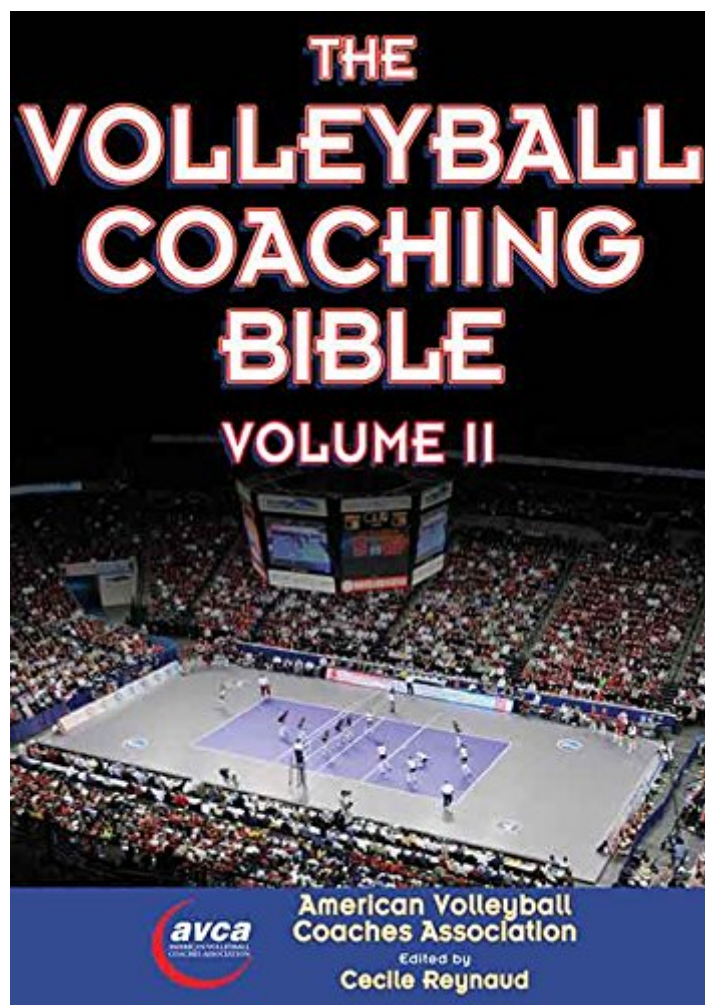


The book was found

The Volleyball Coaching Bible, Volume II: 2



Synopsis

Learn how to establish a successful high school, college, or beach volleyball program. In this resource, 20 successful volleyball coaches share how to set expectations, build a positive and winning culture, recruit, and run camps. Endorsed by the AVCA, the book includes drills used by top coaches for each position, developing a scouting report as well as in-game strategies for match situations.

Book Information

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Customer Reviews

Superb complilation. I thought it would be slimilar to Vol I. I was blown out of the water. The many authors did a great job covering a small aspect of volleyball. Sullivan was terrific on expectations, etc. The chapters on training the various positions were worth their weight in gold. The chapter on statistic was thorough. Some of the chapters, such as recruiting, may not apply to HS and club coaches but were well done. It wasn't what I expected and for that I'm glad, as it was much better the way it was done. Buy it. VBNE1?

The book covers a number of interesting volleyball topics. It provides additional details on the subject matter.

Couldn't put it down. Read it a couple times.

A very practical and useful guide to help all coaches in any high school or club.

good book

This is the second Volleyball Coaching Bible. Unlike the first one, the emphasis of this book is on the more advanced aspects of coaching. Basic skills and concepts of indoor volleyball play had been covered earlier in Volleyball Coaching Bible I. The four main areas of coverage are: Coaching priorities, Program Building and Management, Positional Training Strategies, and Match Preparation and Strategies. The segregation of subjects is rational and welcomed, as the audience for this book is the advanced beginner to intermediate level coaches. Their knowledge of the game is more advanced and their initial obsession with drill collecting and command and control of the team has subsided. Their focus now turns to some more complex and involved topics. The lead off chapter by John Kessel is an excellent way to motivate the coaches. It gives a short history of the sport and it gives the reader a very unique and refreshing view of coaching. The chapter is full of ideas on how to get around limitations, both in terms of resources and in terms of physical space. One excellent characteristic of both Volleyball Coaching Bibles is that the authors are all experienced and credentialed practitioners in the subject that they are speaking to. Chris Catanach, Randy Dagostino, Charlie Sullivan, Shelton Collier, Bill Neville, Salima Rockwell, et. al. are all veteran coaches and administrators well experienced in their respective topic areas. The problem that I had, and the only reason that I did not give the book a five star rating, is that even though the topics are well chosen, each topic constitutes wells of significant depth, some are deeper than others but each topic is capable of generating a book by itself. It is very difficult to adequately discuss and inform the audience on every nuance and subtlety associated with every topic. For example, there are already books written on mindsets and on deliberate practices, a short chapter does not do justice to the depth and breadth of some topics. In a manner of speaking, the authors were attempting to facilitate the reader in their task to drink from a fire hydrant: it was an impossibility. Yet, for as impossible a task as the authors were given, the book does introduce the topic to the reader. I hope that the reader is motivated to continue their education beyond this important but incomplete compendium of

chapters, to further their coaching education by researching and reading further about some of these topics. In the end, this is a valuable and well intended tome of great amount of coaching knowledge.

Received a copy in exchange for honest review. I began reading this book with absolute zero knowledge about the sport. However, The Volleyball Coaching Bible was quick to make an impression on me, especially since the pages are filled with so much detail and practical information from knowledgeable coaches of the AVCA, from team formation to statistics. Though in general the book is great, it has one major mistake: this should be made into a specific book of volleyball tactics, not short chapters on different subjects since I thought it was not definite enough, personally.

An outstanding guide for coaches and players alike. Integrating all aspects of Volleyball, including early, high-school, and college play, this guide provides not only lessons, strategies, preparation and organization, but also practical knowledge in mentoring, teamwork, and life in general. In such comprehensive manner, it lives up to its title, though such association of sports with aspects of religion may raise some eyebrows! A must read for anyone serious about Volleyball and team sport. A Goodreads First Reads book received.

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